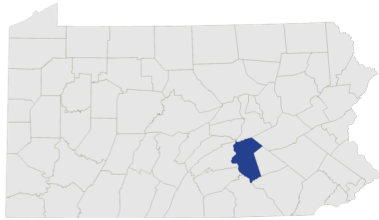


# My Story



## Finding Peace

Wildwood Park

By Traci Wolfe, Yoga Instructor

*"Leading the meditation at the end of the yoga walks is my favorite part of the activity.*

*Everyone seems so much more at peace!"*



I love being outdoors!

I discovered Wildwood Nature Center a few years ago. We had moved to this area from Philadelphia. I used to take my children to the park daily. I found Wildwood by complaining to a parent about the lack of parks in the area.

She suggested I visit Wildwood, and it was love at first sight! The park became my sanctuary and my children's playground. I appreciate the bird sounds, and the vibrant green space. We are so fortunate to have Wildwood in the Harrisburg area. I explore the trails often, and each time I feel so much more relaxed after visiting.



**Keystone Fund Investment:** \$282,000

**Total Public/Private Investment:** \$532,000

I am a yoga teacher, and I lead yoga walks at Wildwood. The combination of walking and yoga in a natural environment can result in a very special experience! I enjoy introducing people to

Wildwood through the yoga walks, and I believe everyone needs to connect with nature for a healthier lifestyle. Leading the meditation at the end of the yoga walks is my favorite part of the activity. Everyone seems so much more at peace!

After all, that's what nature does.

**Learn more at [KeystoneFund.org](https://www.KeystoneFund.org).**